



The Colonel's Journal

Vol. I Issue 2

President's Message

Greetings,

I hope that everyone is safe and well. Due to the Covid-19 virus and Governor Cooper's order, our April 18th meeting has been cancelled. Also, the Barnet Brock grave marking set for April 25th has been postponed to a later date, to be determined later. As of now, our next Chapter meeting is scheduled for May 10th at 2:30pm. If this changes, I will let you know through email.

Please stay safe and exercise caution during this time, and I look forward to seeing you all at the next Chapter meeting.

Sincerely,

Mike Murphy, President

CDC Covid-19 Information

The best way to prevent infection is to avoid being exposed. COVID-19 spreads from person to person, and can be spread by those who are infected but don't display symptoms. The CDC advises washing hands, avoiding close contact with others, and cleaning and disinfecting surfaces. Older adults and those with underlying chronic medical conditions should take extra precautions.

The CDC recommends the use of non-medical, cloth-based face coverings in some public settings. Surgical masks should be reserved for healthcare workers.

Fever, cough, and difficulty breathing are the most common symptoms. If you're experiencing symptoms, call your medical provider. The CDC urges those who may have been exposed to avoid public places and limit contact with other people.

There is no cure for COVID-19 at this time. Health officials say some specific drugs are in development for treatment, but more research is needed. The World Health Organization debunks rumors about false treatments on its Myth Busters page.

Most people infected with the coronavirus will experience mild respiratory symptoms and can recover at home, but those with underlying conditions may need more supportive care. If you suspect you've been infected, contact your medical provider.

The next meeting of The Colonel Alexander Lillington Chapter will be held on May 10th at 2:30pm in the fellowship hall at Wallace United Methodist Church located at 303 S College St. Wallace, North Carolina 28466



Visit the National Society SAR website at www.SAR.org

Contact Info

Col. Lillington Chapter

Facebook page

www.facebook.com/DuplinSAR

NC State Society SAR

<https://www.ncssar.org/>

Daughters of the American Revolution

<https://www.dar.org/>

NC State Society Children of the American Revolution

<http://www.ncscar.org/>



USS Stark Award

At our last Chapter meeting, John Thornhill reported that the Chapter had ranked 15th on National SAR list of small Chapters for the USS Stark Award. Of the North Carolina small Chapters, the Col. Lillington ranked 7th for 2019. For our Chapter to be so young, this is a great achievement and one I hope we improve upon in the future.

The USS Stark Memorial Award, authorized in 1988 (revised 2003), was established to memorialize those brave men and women who continue to stand at the forefront to preserve the freedoms our patriotic ancestors fought so long and hard to achieve. Its purpose is to recognize outstanding chapters and the most outstanding state society within the National Society of the Sons of the American Revolution for their participation with the Veteran community, and supporting activities of the NSSAR Veteran's Committee.

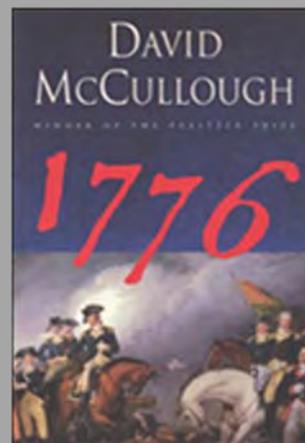
This Month's Book Recommendation

1776 by David McCullough

In this masterful book, David McCullough tells the intensely human story of those who marched with General George Washington in the year of the Declaration of Independence—when the whole American cause was riding on their success, without which all hope for independence would have been dashed and the noble ideals of the Declaration would have amounted to little more than words on paper.

Based on extensive research in both American and British archives, *1776* is a powerful drama written with extraordinary narrative vitality. It is the story of Americans in the ranks, men of every shape, size, and color, farmers, schoolteachers, shoemakers, no-accounts, and mere boys turned soldiers. And it is the story of the King's men, the British commander, William Howe, and his highly disciplined redcoats who looked on their rebel foes with contempt and fought with a valor too little known.

Written as a companion work to his celebrated biography of John Adams, David McCullough's *1776* is another landmark in the literature of American history.



The Colonel's Journal welcomes submissions and/or comments and suggestions. Please send them to mmurphy@ec.rr.com

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